## August 2021

## Monday

Meditation: Host: Adriana Co-Host: Rocio 9:00am – 9:50am

9:50am - 10:00am Staff Break/Transition

Show and Tell: Bring your Instruments Host: Irena Co-Host: Marme 10:00am -10:50am

OR

Mostrar y Contar (Spanish) Host: Stephanie G. Co-Host: Isela 10:00am-10:50am

10:50am - 11:00am Staff Break/Transition

Independent Living Skills: Handling Dangerous Situations Host: Frank Co-Host: Susana Il:00am - Il:50am

OR

Habilidades Para La Vida Independiente: Voluntariado (Spanish) Host: Stephanie C. Co-Host: Paulina Il:00am-Il:50am

12:00pm - 12:50pm Lunch Chat w/: Marianne

Glad to Know Host: Estrella Co-Host: Sarah R. 1:00pm-1:50pm

OR

Book Club: Charades Host: Ronda Co-Host: Rocio 1:00pm – 1:50pm

1:50pm - 2:00pm Staff Break/Transition

Exercise: Host: Jeffrey Co-Host: Emilia 2:00pm-2:50pm

#### Tuesday

.

Chair Exercise:
Host: Ambrosio
Co-Host: Estrella
9:00am – 9:50am

9:50am - 10:00am Staff Break/Transition

Animal Architects Host: Jeffrey Co-Host: Adriana 10:00am - 10:50am

OR

Animales Marinos y Criaturas Marinas (Spanish) Host: Luisa Co-Host: Paulina 10:00am - 10:50am

10:50am – 11:00am Staff Break/Transition

Independent Living Skills: Planning a Routine Host: Irena Co-Host: Rogelio Il:00am-Il:50am

OR

Habilidades Para La Vida Independiente: Planificación de una rutina (Spanish) Host: Isela Co-Host: Margie Il:00am - Il:50am

12:00pm – 12:50pm Lunch Chat w/: Adriana

Art Class Host: Javier Co-Host: Sarah R. 1:00pm - 1:50pm

OR

Volcan Vesuvio (Spanish) Host: Eliana Co-Host: Aida 1:00pm-1:50pm

1:50pm – 2:00pm Staff Break/Transition

Exercise Host: Leydi Co-Host: Ambrosio 2:00pm - 2:50pm

## Wednesday

4

Aerobics/Stretching: Host: Leydi Co-Host: Susana 9:00am – 9:50am

9:50am - 10:00am Staff Break/Transition

"Teach w/ Me" Virtual Games: Host: Adriana & Beth Co-Host: Janet 10:00am-10:50am

OR

"Juegos Virtuales" (Spanish) Host: Stephanie G. Co-Host: Susana 10:00am-10:50am

10:50am – 11:00am Staff Break/Transition

Vocational: Understanding Job Postings Host: Rogelio Co-Host: Ronda Il:00am - Il:50am

OR

Vocación: Ofertas de trabajo (Spanish) Host: Stephanie C. Co-Host: Margie 11:00am > 11:50am

12:00pm - 12:50pm Lunch Chat w/: Frank

Mexican Enchiladas (Bilingual) Host: Yolanda Co-Host: Isela 1:00pm-1:50pm

1:50pm - 2:00pm Staff Break/Transition

Zumba: Host: Ambrosio Co-Host: Emilia 2:00pm-2:50pm

#### Thursday

chino:

Aerobics/Stretching: Host: Adriana Co-Host: Susana 9:00am – 9:50am

9:50am – 10:00am Staff Break/Transition

Breakfast Recipes Host: Emilia Co-Host: Luisa 10:00am-10:50am

OR

Recetas para Desayuno (Spanish) Host: Sarah R. Co-Host: Rosa 10:00am-10:50am

10:50am – 11:00am Staff Break/Transition

Book Club: The Hunger Games Host: Mayra Co-Host: Isela 11:00am - 11:50am

OR

Club de Libros: (Spanish) Host: Emilia Co-Host: Margie 11:00am-11:50am

12:00pm - 12:50pm Lunch Chat w/: Ronda

"Teach w/ Me" All About Mexico Host: Gina & Malissa Co-Host: Aida 1:00pm-1:50pm

OR

How It's Made (Bilingual) Host: Sarah R. Co-Host: Stephanie C. 1:00pm - 1:50pm

<mark>1:50</mark>pm – 2:00pm Staff Break/Transition

Exercise Host: Jeffrey Co-Host: Emilia 2:00pm-2:50pm

#### Friday

6

Dance Exercise Host: Ambrosio Co-Host: Frank 9:00am – 9:50am

9:50am – 10:00am Staff Break/Transition

Art: Host: Sarah R. Co-Host: Gina 10:00am-10:50am

OR

Vegetarian Cooking (Spanish) Host: Yolanda Co-Host: Paulina 10:00am-10:50am

10:50am - 11:00am Staff Break/Transition

Super Bowl Half Time Shows Host: Joey Co-Host: Ronda 11:00am-11:50am

OR

Historia de Tijuana (Spanish) Host: Aida Co-Host: Eliana 11:00am-11:50am

12:00pm – 12:50pm Lunch Chat w/: Luisa

Animales Mas Raros del Mundo (Spanish) Host: Leydi Co-Host: Lorena 1:00pm-1:50pm

OR

Karaoke Host: Sarah R. Co-Host: Emily & Stephanie C. 1:00pm-3:00pm

1:50pm – 2:00pm Staff Break/Transition

Zumba Host: Ambrosio Co-Host: Emilia 2:00pm-2:50pm



## August 2021

| 150             |
|-----------------|
| Meditation:     |
| Host: Adriana   |
| Co-Host: Rocio  |
| 9:00am - 9:50am |

Monday

9:50am - 10:00am Staff Break/Transition

Let' Chat- Social Hour Host: Jeffrey Co-Host: Lesly 10:00am -10:50am

OR

Vamos a Charlar- Hora Social (Spanish) Host: Lorena Co-Host: Aida 10:00am-10:50am

10:50am - 11:00am Staff Break/Transition

Independent Living Skills: Healthy living habits Host: Irena Co-Host: Elizabeth M. Il:00am - Il:50am

OR

Habilidades Para La Vida Independiente: Hábitos de vida saludables (Spanish) Host: Emilia Co-Host: Luisa Il:00am-ll:50am

12:00pm - 12:50pm Lunch Chat w/: Veronica

Zoomed In Host: Sarah R. Co-Host: Gina l:00pm-l:50pm

OR

Book Club: Charades Host: Ronda Co-Host: Rocio 1:00pm – 1:50pm

1:50pm - 2:00pm Staff Break/Transition

Chair Exercise: Host: Ambrosio Co-Host: Jeffrey 2:00pm-2:50pm

## Tuesday

Chair Exercise: Host: Ambrosio Co-Host: Estrella 9:00am – 9:50am

9:50am – 10:00am Staff Break/Transition

World's Wonderful Wildlife Host: Ronda Co-Host: Emily 10:00am - 10:50am

OR

Recetas Sensillas (Spanish) Host: Stephanie G. Co-Host: Susana 10:00am - 10:50am

10:50am - 11:00am Staff Break/Transition

ILS: " Teach w/ Me" Home Management and Safety Host: Marme & Aimee Co-Host: Gina Il:00am-Il:50am

OR

ILS: Gestión del hogar y seguridad (Spanish) Host: Isela Co-Host: Eliana II:00am - II:50am

12:00pm - 12:50pm Lunch Chat w/: Mayra

"Teach with Me"
Baking with Kim
Host: Irena & Kim
Co-Host: Sarah H.
1:00pm - 1:50pm

OR

Teach with me Jeopardy: Ocean Animals Host: Javier & Elisabeth Co-Host: Veronica 1:00pm-1:50pm

1:50pm - 2:00pm Staff Break/Transition

Exercise Host: Leydi Co-Host: Ambrosio 2:00pm - 2:50pm

## Wednesday

Aerobics/Stretching: Host: Adriana Co-Host: Susana 9:00am – 9:50am

9:50am - 10:00am Staff Break/Transition

Virtual Game: Host: Paulina Co-Host: Irena 10:00am-10:50am

OR

"Juegos Virtuales" (Spanish) Host: Leydi Co-Host: Lorena 10:00am-10:50am

10:50am - 11:00am Staff Break/Transition

Vocational: Host: Ronda Co-Host: Sarah R. 11:00am - 11:50am

OR

Vocación: (Spanish) Host: Stephanie C. Co-Host: Krista 11:00am - 11:50am

12:00pm - 12:50pm Lunch Chat w/: Emily

Meat Eaters Class Host: Frank Co-Host: Joey 1:00pm – 1:50pm

OR

Vegetarian Class Host: Luisa Co-Host: Yolanda 1:00pm-1:50pm

1:50pm - 2:00pm Staff Break/Transition

Zumba: Host: Ambrosio Co-Host: Emilia 2:00pm-2:50pm

## **Thursday**

Aerobics/Stretching: Host: Adriana Co-Host: Susana 9:00am – 9:50am

9:50am - 10:00am Staff Break/Transition

McDonalds History Host: Rogelio Co-Host: Gina 10:00am-10:50am

OR

Dinosaurios (Spanish) Host: Stephanie C. Co-Host: Ronda 10:00am-10:50am

10:50am – 11:00am Staff Break/Transition

Ol

Book Club: The Hunger Games Host: Mayra Co-Host: Isela 11:00am - 11:50am

OR

Club de Libros: (Spanish) Host: Susana Co-Host: Stephanie G. 11:00am-11:50am

12:00pm - 12:50pm Lunch Chat w/: Sarah R.

Social Skills: Respecting Personal Space Host: Sarah H. Co-Host: Yolanda 1:00pm-1:50pm

OR

Habilidades Sociales: Respetar el Espacio Personal (Spanish) Host: Margie Co-Host: Eliana 1:00pm - 1:50pm

l:50pm – 2:00pm Staff Break/Transition

Exercise: Host: Jeffrey Co-Host: Emilia 2:00pm-2:50pm

#### Friday

13

Dance Exercise Host: Adriana Co-Host: Lesly 9:00am – 9:50am

9:50am – 10:00am Staff Break/Transition

"Teach w/ Me" Fall Fashion Show Host: Rocio & Raissa Co-Host: Estrella 10:00am-10:50pm

OR

Arte/Dibujar (Spanish) Host: Yolanda Co-Host: Paulina 10:00am-10:50am

10:50am – 11:00am Staff Break/Transition

Unbelievable places in the World Host: Emily Co-Host: Frank II:00am-II:50am

OR

Adivina la Imagen/ Guess the Image (Bilingual) Host: Eliana Co-Host: Aida Il:00am-Il:50am

12:00pm – 12:50pm Lunch Chat w/: Luisa

Movie Day Host: Sarah R. Co-Host: Emily 1:00pm-3:00pm

1:50pm - 2:00pm Staff Break/Transition

Zumba Host: Ambrosio Co-Host: Emilia 2:00pm-2:50pm



## August 2021

| Monday                                     | <u>Tuesday</u>                             | Wednesday                                  | <u>Thursday</u>                                     | <u>Friday</u>                              |  |  |  |  |
|--|--|--|---|--|--|--|--|--|
| 16   | 17   | 18   | 19  | 20   |  |  |  |  |
| Meditation:                                | Chair Exercise:                            | Aerobics/Stretching:                       | Aerobics/Stretching:                                | Dance Exercise                             |  |  |  |  |
| Host: Adriana                              | Host: Ambrosio                             | Host: Leydi                                | Host: Adriana                                       | Host: Ambrosio                             |  |  |  |  |
| Co-Host: Rocio                             | Co-Host: Estrella                          | Co-Host: Susana                            | Co-Host: Susana                                     | Co-Host: Adriana                           |  |  |  |  |
| 9:00am – 9:50am                            | 9:00am – 9:50am                            | 9:00am – 9:50am                            | 9:00am – 9:50am                                     | 9:00am – 9:50am                            |  |  |  |  |
| 9:50am – 10:00am<br>Staff Break/Transition          | 9:50am – 10:00am<br>Staff Break/Transition |  |  |  |  |
| Staff break/ fransition                    | Stall Bleak/ Hallshill                     | Stail break/ Transition                    | Stall break/ Hallstion                              | Staff break/ fransition                    |  |  |  |  |
| Cairman Witalan                            | History of the Telephone                   | Virtual Games                              | A   | Theme Parks Around the<br>World            |  |  |  |  |
| Science: Kitchen<br>Inventions             | Host: Janie<br>Co-Host: Adriana            | Host: Irena<br>Co-Host: Frank              | Amazing Zoo Escapes!                                | Host: Emily                                |  |  |  |  |
| Host: Marme                                | 10:00am - 10:50am                          | 10:00am-10:50am                            | Host: Veronica<br>Co-Host: Elizabeth M.             | Co-Host: Luisa                             |  |  |  |  |
| Co-Host: Jeffrey                           | 10.00am - 10.50am                          | 10.00am-10.30am                            | 10:00am-10:50am                                     | 10:00am-10:50am                            |  |  |  |  |
| 10:00am -10:50am                           | OR   | OR   | 10.00am 10.30am                                     | 10.00am 10.50am                            |  |  |  |  |
| 10.004111 10.504111                        | OR CONTRACTOR                              | OK   | OR  | OR   |  |  |  |  |
| OR   | Matematicas                                | "Juegos Virtuales"                         |   |  |  |  |  |  |
|  | (Spanish)                                  | (Spanish)                                  | Arte  | Parque de Diverciones                      |  |  |  |  |
| Dia Nacional de la                         | Host: Stephanie G.                         | Host: Paulina                              | (Spanish)   | (Spanish)                                  |  |  |  |  |
| Montana Rusa                               | Co-Host: Javier                            | Co-Host: Veronica                          | Host: Leydi   | Host: Eliana                               |  |  |  |  |
| (Spanish)                                  | 10:00am - 10:50am                          | 10:00am-10:50am                            | Co-Host: Lorena                                     | Co-Host: Aida                              |  |  |  |  |
| Host: Rosa                                 | 79   |  | 10:00am-10:50am                                     | 10:00am-10:50am                            |  |  |  |  |
| Co-Host: Isela                             | 10:50am – 11:00am                          | 10:50am – 11:00am                          |   |  |  |  |  |  |
| 10:00am-10:50am                            | Staff Break/Transition                     | Staff Break/Transition                     | 10:50am – 11:00am                                   | 10:50am – 11:00am                          |  |  |  |  |
| 10.70                                      | i li   | V Inch                                     | Staff Break/Transition                              | Staff Break/Transition                     |  |  |  |  |
| 10:50am – 11:00am                          | Independent Living Skills:                 | Personal Rights:                           | T T. II   | C: W IID I                                 |  |  |  |  |
| Staff Break/Transition                     | Self-Motivation and                        | Host: Janie                                | Trivia: The Hunger Games                            | Guinness World Records                     |  |  |  |  |
| Independent Living Skills:                 | Confidence<br>Host: Gina                   | Co-Host: Ronda<br>11:00am - 11:50am        | Host: Mayra<br>Co-Host: Isela                       | Host: Irena                                |  |  |  |  |
| Sewing                                     | Co-Host: Marianne                          | 11:00am > 11:30am                          | 11:00am - 11:50am                                   | Co-Host: Joey<br>11:00am-11:50am           |  |  |  |  |
| Host: Irena                                | 11:00am-11:50am                            | OR   | 11.00am - 11.30am                                   | 11.00aiii-11.30aiii                        |  |  |  |  |
| Co-Host: Stephanie G.                      | II.outil II.soutil                         | OK   | OR  | OR   |  |  |  |  |
| 11:00am - 11:50am                          | OR   | "Teach with Me" Lee                        |   |  |  |  |  |  |
|  |  | Conmigo (Spanish)                          | Club de Libros (Spanish)                            | Guess the Image                            |  |  |  |  |
| OR W                                       | Habilida <mark>des Para La Vi</mark> da    | Host: Stephanie G. & Diego                 | Host: Rosa  | Host: Veronica                             |  |  |  |  |
| W/S  | Independiente:                             | Co-Host: Lesly                             | Co-Host: Eliana                                     | Co-Host: Gina                              |  |  |  |  |
| Habilidades Para La <mark>Vida:</mark>     | Automotivación y                           | 11:00am - 11:50am                          | 11:00am-11:50am                                     | 11:00am-11:50am                            |  |  |  |  |
| (Spanish)                                  | confianza (Spanish)                        |  |   |  |  |  |  |  |
| Host: Paulina                              | Host: Isela                                |  | 12:00pm – 12:50pm                                   | 12:00pm – 12:50pm                          |  |  |  |  |
| Co-Host: Stephanie C.                      | Co-Host: Luisa                             | 12:00pm - 12:50pm                          | Lunch Chat w/: Javier                               | Lunch Chat w/: Marianne                    |  |  |  |  |
| 11:00am-11:50am                            | ll:00am-11:50am                            | Lunch Chat w/:                             |   | 4 . / 4 .                                  |  |  |  |  |
| 12:00nm - 12:50nm                          | 12:00pm – 12:50pm                          | Elizabeth M.                               | Social Skills: Seeing Someone<br>Else's Perspective | Art/Arte<br>(Bilingual)                    |  |  |  |  |
| 12:00pm – 12:50pm<br>Lunch Chat w/: Rocio  | Lunch Chat w/: Emily                       | How Candy Is Made                          | Host: Frank   | Host: Rocio                                |  |  |  |  |
| Eunen Chat W/. Rocio                       | Funch Chat W/. Entity                      | Host: Luisa                                | Co-Host: Ronda                                      | Co-Host: Luisa                             |  |  |  |  |
| Community Safety:                          | "Teach w/ Me" History of                   | Co-Host: Krista                            | 1:00pm-1:50pm                                       | 1:00pm-1:50pm                              |  |  |  |  |
| Self Defense                               | PowerWolf                                  | 1:00pm - 1:50pm                            | neepin iisepin                                      | пооры пооры                                |  |  |  |  |
| Host: Irena                                | Host: Mayra & Tyrone                       | meepin iisepin                             | OR  | OR   |  |  |  |  |
| Co-Host: Susana                            | Co-Host: Javier                            | OR OR                                      |   |  |  |  |  |  |
| 1:00pm-1:50pm                              | 1:00pm - 1:50pm                            |  | Habilidades Sociales: (Spanish)                     | Karaoke                                    |  |  |  |  |
|  | 1 m  | Impresionantes Animales                    | Host: Lorena  | Host: Stephanie                            |  |  |  |  |
| OR   | OR M                                       | Blancos (Spanish)                          | Co-Host: Stephanie C.                               | Co-Host: Emily                             |  |  |  |  |
|  | A date                                     | Host: Veronica                             | 1:00pm - 1:50pm                                     | 1:00pm-3:00pm                              |  |  |  |  |
| Book Club: Charades                        | Pet Care                                   | Co-Host: Yolanda                           |   |  |  |  |  |  |
| Host: Ronda                                | Host: Rocio                                | 1:00pm-1:50pm                              | 1:50pm – 2:00pm                                     | 1:50pm – 2:00pm                            |  |  |  |  |
| Co-Host: Rocio                             | Co-Host: Krista                            | 1.50 2.00                                  | Staff Break/Transition                              | Staff Break/Transition                     |  |  |  |  |
| 1:00pm – 1:50pm                            | 1:00pm-1:50pm                              | 1:50pm - 2:00pm                            | "Teach with Me" Exercise:                           | Zumba                                      |  |  |  |  |
| 1:50pm - 2:00pm                            | 1:50pm - 2:00pm                            | Staff Break/Transition                     | Host: Irena & Marylin                               | Zumba<br>Host: Leydi                       |  |  |  |  |
| Staff Break/Transition                     | Staff Break/Transition                     | Meet with John:                            | Co-Host: Emilia                                     | Co-Host: Marianne                          |  |  |  |  |
| Scall Dieary Hallsteloli                   | Scali Dicak/ Hansidon                      | Host: Ambrosio                             | 2:00pm-2:50pm                                       | 2:00pm-2:50pm                              |  |  |  |  |
| Chair Exercise                             | Exercise                                   | Co-Host: Emilia                            | 2.copiii 2.sopiii                                   | 2.50pm 2.50pm                              |  |  |  |  |

Co-Host: Emilia 2:00pm-2:50pm

Chair Exercise

Host: Ambrosio Co-Host: Jeffrey 2:00pm-2:50pm Exercise

Host: Jeffrey Co-Host: Emilia 2:00pm - 2:50pm

## August 2021

25

| Meditation:     |
|-----------------|
| Host: Adriana   |
| Co-Host: Marme  |
| 9:00am - 9:50am |

Monday

23

9:50am - 10:00am Staff Break/Transition

Feelings Group Host: Rocio Co-Host: Rosa 10:00am -10:50am

OR

Expresemosno (Spanish) Host: Eliana Co-Host: Aida 10:00am-10:50am

10:50am - 11:00am Staff Break/Transition

Independent Living Skills: "Teach w/ Me" Volunteering Host: Marme & Destry Co-Host: Joey 11:00am - 11:50am

OR

ILS: Tomar un descanso (Spanish) Host: Stephanie C. Co-Host: Isela 11:00am-11:50am

12:00pm - 12:50pm Lunch Chat w/: Veronica

Seguridad en la Cominidad: Terremotos (Spanish) Host: Eliana Co-Host: Aida 1:00pm-1:50pm

OR

**Book Club: Charades** Host: Ronda Co-Host: Rocio 1:00pm - 1:50pm

1:50pm - 2:00pm Staff Break/Transition

Chair Exercise Host: Ambrosio Co-Host: Estrella 2:00pm-2:50pm

## Tuesday

Chair Exercise: Host: Ambrosio Co-Host: Estrella 9:00am - 9:50am

9:50am - 10:00am Staff Break/Transition

"Teach with Me" Sports w/ Justin Host: Irena & Justin Co-Host: Joey 10:00am - 10:50am

OR

How It's Made: Ice Sculptures Host: Emily Co-Host: Ádriana 10:00am - 10:50am

10:50am - 11:00am Staff Break/Transition

Independent Living Skills: Personal Hygiene Host: Gina Co-Host: Janie 11:00am-11:50am

OR

Habilidades Para La Vida Independiente: Higiene Personal (Spanish) Host: Margie Co-Host: S<mark>tephanie C</mark> 11:00am-11:50am

12:00pm - 12:50pm Lunch Chat w/: Adriana

Exotic Foods Host: Javier Co-Host: Joey 1:00pm - 1:50pm

OR

Recetas Sensillas Host: Stephanie G. Co-Host: Susana 1:00pm-1:50pm

1:50pm - 2:00pm Staff Break/Transition

Exercise Host: Leydi Co-Host: Ambrosio 2:00pm - 2:50pm

## Wednesday

Aerobics/Stretching: Host: Adriana Co-Host: Susana 9:00am - 9:50am

9:50am - 10:00am Staff Break/Transition

Virtual Games Host: Emily Co-Host: Stephanie C. 10:00am-10:50am

OR

"Juegos Virtuales" (Spanish) Host: Paulina Co-Host: Leydi 10:00am-10:50am

10:50am - 11:00am Staff Break/Transition

Nature: Bat Sanctuary Host: Rogelio Co-Host: Ronda 11:00am - 11:50am

OR

Cuidado de Mascotas (Spanish) Host: Rosa Co-Host: Margie 11:00am - 11:50am

2:00pm - 12:50pm Lunch Chat w/: Luisa

Famous Street Artist: "Shepard Fairey" Host: Mayra Co-Host: Isela 1:00pm - 1:50pm

OR

Los Mejores Lugares para visitar en Los Estados Unidos (Spanish) Host: Veronica Co-Host: Aida 1:00pm-1:50pm

1:50pm - 2:00pm Staff Break/Transition

Zumba: Host: Leydi Co-Host: Susana 2:00pm-2:50pm

## Thursday

Aerobics/Stretching: Host: Adriana Co-Host: Susana 9:00am - 9:50am

9:50am - 10:00am Staff Break/Transition

"Teach w/ Me": Ambrosio Renaissance Fair Host: Javier and Tyrone Co-Host: Mayra 10:00am-10:50am

OR

How It's Made: Ice sculptures Host: Marme Co-Host: Frank 10:00am-10:50am

10:50am - 11:00am Staff Break/Transition

Monster Trucks Host: Marianne Co-Host: Rogelio 11:00am - 11:50am

OR

Club de Libros: (Spanish) Host: Luisa Co-Host: Susana 11:00am-11:50am

12:00pm - 12:50pm Lunch Chat w/: Emily

Social Skills: Zoom Etiquette Host: Irena Co-Host: Estrella 1:00pm-1:50pm

Habilidades Sociales Etiqueta de Zoom (Spanish) Host: Stephanie C. Co-Host: Eliana 1:00pm - 1:50pm

1:50pm - 2:00pm Staff Break/Transition

Exercise: Host: Jeffrey Co-Host: Emilia 2:00pm-2:50pm

## Friday

27

Dance Exercise Host: Adriana Co-Host: Lesly 9:00am - 9:50am

26

9:50am - 10:00am Staff Break/Transition

Rarest Stones in the World Host: Veronica Co-Host: Isela 10:00am-10:50am

OR

Adivina el Precio (Spanish) Host: Stephanie G. Co-Host: Lorena 10:00am-10:50am

10:50am - 11:00am Staff Break/Transition

Mythical Creatures Host: Marianne Co-Host: Stephanie C. 11:00am-11:50am

OR

Adivina la Imagen (Spanish) Host: Eliána Co-Host: Aida 11:00am-11:50am

12:00pm - 12:50pm Lunch Chat w/: Krista

Guess The Price Host: Janie Co-Host: Krista 1:00pm-1:50pm

OR

Movie Day Host: Javier Co-Host: Emily 1:00pm-3:00pm

1:50pm - 2:00pm Staff Break/Transition

Zumba Host: Ambrosio Co-Host: Emilia 2:00pm-2:50pm

August 2021

31

Tuesday

Wednesday Thursday Friday

Meditation: Host: Adriana

Monday

Co-Host: Rocio 9:00am – 9:50am

9:50am – 10:00am Staff Break/Transition

Feelings Group Host: Frank Co-Host: Jeffrey 10:00am -10:50am

OR

Expresemosno (Spanish) Host: Susana Co-Host: Stephanie G. 10:00am-10:50am

10:50am – 11:00am Staff Break/Transition

Independent Living Skills:

Fires
Host: Estrella
Co-Host: Mayra
11:00am - 11:50am

OR

Habilidades Para La Vida Independiente: Incendios (Spanish) Host: Stephanie C. Co-Host: Margie

12:00pm – 12:50pm Lunch Chat w/: Gina

11:00am-11:50am

Community Safety: Host: Rogelio Co-Host: Janie l:00pm-l:50pm

OR

Book Club: Charades Host: Ronda Co-Host: Rocio 1:00pm – 1:50pm

1:50pm – 2:00pm Staff Break/Transition

Chair Exercise Host: Ambrosio Co-Host: Estrella 2:00pm-2:50pm Chair Exercise: Host: Ambrosio

Co-Host: Estrella 9:00am – 9:50am

9:50am – 10:00am Staff Break/Transition

World's Wonderful Wildlife Host: Ronda Co-Host: Emily 10:00am - 10:50am

OR

Benefits of Having a Best

friends
Host: Marme
Co-Host: Frank
10:00am - 10:50am

10:50am - II:00am Staff Break/Transition

ILS: Filipino Recipes w/ Bjorn Host: Irena & Bjorn Co-Host: Elizabeth M. Il:00am-Il:50am

OR

Habilidades Para La Vida Independiente:(Spanish) Host: Lorena Co-Host: Susana Il:00am-Il:50am

12:00pm – 12:50pm Lunch Chat w/: Mayra

Life Science
Host: Veronica
Co-Host: Lesly
1:00pm - 1:50pm

OR

The Evolution of Technology
Host: Emily
Co-Host: Stephanie C.
1:00pm-1:50pm

1:50pm - 2:00pm Staff Break/Transition

Exercise Host: Jeffrey Co-Host: Emilia 2:00pm - 2:50pm



## Virtual Day Program

9:00am – 3:00pm Help Desk: (818) 618 - 2998

## How to Join:

After going over the calendar and choosing which session you would like to join, please follow the steps below:

VDP Website: www.virtualdayprogram.newhorizons-sfv.org/

- 1. Choose and Click on the day of the week.
- 2. View Class you would like to join and click on the class picture and you will automatically be redirected to Zoom
- Enter member name and meeting passcode

## Tablet/iPad/Web:

- 1. Find the "Host's" name, click on staff photo or New Horizons logo and you will be automatically redirected to the session.
  - a. If clicking on a photo/logo does not work, please try Ctrl + Click to follow link.
  - b. If that does not work, please click the following link, <a href="https://zoom.us/join">https://zoom.us/join</a>. You will be prompt to enter the Client Connection Professional's Meeting ID—which could be found below their photo/logo.

If neither steps work, please contact our Help Desk, (818) 618 - 2998.

2. Enter password that was provided to you via e-mail.

If you did not receive an e-mail, please contact our Help Desk, (818) 618 - 2998. Phone:

- 1. Dial, 1-669-900-6833.
- 2. Enter the Meeting ID, then press <del>≸</del>
- 3. Enter Participants number and press #.
  - a. If you do NOT have a Participants number, press # (you should be admitted into the session).

If you are unable to dial in, please contact our Help Desk, (818) 618 - 2998.

#### Reminder:

- 1. In all Zoom session interactions, use netiquette: a social code that defines appropriate online behavior, such as, being respectful, professional and polite to your Client Connection Professional and peers.
  - \*\*If you are being disruptive, you will kindly be asked to exit the session \*\*
- 2. All Zoom sessions will be recorded. If you do not wish to be recorded please turn off your camera.

Disclaimer: Our content is provided for informational purposes only. The above Zoom sessions is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified health provider with any questions you may have regarding a medical condition.

## Virtual Day Program Team







| MARME P.                         | MAYRA                    | MICHELLE                 | PAULINA                  | ROCIO                        | ROGELIO                      |
|----------------------------------|--------------------------|--------------------------|--------------------------|------------------------------|------------------------------|
| Meeting ID: 910 122 2856         | Meeting ID: 284 533 8697 | Meeting ID: 604 041 7410 | Meeting ID: 478 5983 890 | Meeting ID: 767 853 7929     | Meeting ID: 808 360 4571     |
| RONDA                            | ROSA                     | SARAH R.                 | SARAH H.                 | STEPHANIE                    | STEPHANIE                    |
| Meeting ID:<br>843 292 6474      | Meeting ID: 971 009 2633 | Meeting ID: 919 508 0254 | Meeting ID: 243 051 5882 | C.  Meeting ID: 741 246 0808 | G.  Meeting ID: 337 687 8754 |
| SUSANA  Meeting ID: 854 524 5890 | Meeting ID: 290 088 8732 | Meeting ID: 518 320 3090 |                          |                              |                              |



